

# PLAYING HANDICAP&TRADE; TABLE 100%

WORLD HANDICAP SYSTEM

RAA USGA *prings Golf Club*



Sandford Springs-Woods Lakes Course  
**Women's Red (from 1 Apr 2024)**

Course Rating 72.1

Par 71 Slope 131

Handicap Index&reg;	Playing Handicap&trade;	Handicap Index&reg;	Playing Handicap&trade;
+5.0 to +4.9	+5	27.1 to 27.9	33
+4.8 to +4.0	+4	28.0 to 28.8	34
+3.9 to +3.2	+3	28.9 to 29.6	35
+3.1 to +2.3	+2	29.7 to 30.5	36
+2.2 to +1.4	+1	30.6 to 31.3	37
+1.3 to +0.6	0	31.4 to 32.2	38
+0.5 to 0.3	1	32.3 to 33.1	39
0.4 to 1.2	2	33.2 to 33.9	40
1.3 to 2.0	3	34.0 to 34.8	41
2.1 to 2.9	4	34.9 to 35.7	42
3.0 to 3.7	5	35.8 to 36.5	43
3.8 to 4.6	6	36.6 to 37.4	44
4.7 to 5.5	7	37.5 to 38.2	45
5.6 to 6.3	8	38.3 to 39.1	46
6.4 to 7.2	9	39.2 to 40.0	47
7.3 to 8.1	10	40.1 to 40.8	48
8.2 to 8.9	11	40.9 to 41.7	49
9.0 to 9.8	12	41.8 to 42.6	50
9.9 to 10.6	13	42.7 to 43.4	51
10.7 to 11.5	14	43.5 to 44.3	52
11.6 to 12.4	15	44.4 to 45.1	53
12.5 to 13.2	16	45.2 to 46.0	54
13.3 to 14.1	17	46.1 to 46.9	55
14.2 to 15.0	18	47.0 to 47.7	56
15.1 to 15.8	19	47.8 to 48.6	57
15.9 to 16.7	20	48.7 to 49.5	58
16.8 to 17.5	21	49.6 to 50.3	59
17.6 to 18.4	22	50.4 to 51.2	60
18.5 to 19.3	23	51.3 to 52.1	61
19.4 to 20.1	24	52.2 to 52.9	62
20.2 to 21.0	25	53.0 to 53.8	63
21.1 to 21.9	26	53.9 to 54.0	64
22.0 to 22.7	27		
22.8 to 23.6	28		
23.7 to 24.4	29		
24.5 to 25.3	30		
25.4 to 26.2	31		
26.3 to 27.0	32		

## INSTRUCTIONS

Find the range containing your Playing Handicap&trade; in the left column.  
 Play with the Playing Handicap&trade; in the right column which correspond with that range.  
 Please make sure the tees you are playing correspond with the tees this table applies to.  
 Note: These Playing Handicap&trade; have been calculated using a 100% handicap allowance.

# PLAYING HANDICAP&TRADE; TABLE 100%

WORLD HANDICAP SYSTEM

REA USGA *prings Golf Club*

Sandford Springs-Lakes Parks Course

**Men's White (from 1 Apr 2024)**



Course Rating 70.4

Par 69 Slope 125

Handicap Index&reg;	Playing Handicap&trade;	Handicap Index&reg;	Playing Handicap&trade;
+5.0 to	+4.5	28.2 to	29.0
+4.4 to	+3.6	29.1 to	29.9
+3.5 to	+2.7	30.0 to	30.8
+2.6 to	+1.8	30.9 to	31.7
+1.7 to	+0.9	31.8 to	32.6
+0.8 to	0.0	32.7 to	33.5
0.1 to	0.9	33.6 to	34.4
1.0 to	1.8	34.5 to	35.3
1.9 to	2.8	35.4 to	36.2
2.9 to	3.7	36.3 to	37.1
3.8 to	4.6	37.2 to	38.0
4.7 to	5.5	38.1 to	38.9
5.6 to	6.4	39.0 to	39.8
6.5 to	7.3	39.9 to	40.7
7.4 to	8.2	40.8 to	41.6
8.3 to	9.1	41.7 to	42.5
9.2 to	10.0	42.6 to	43.4
10.1 to	10.9	43.5 to	44.3
11.0 to	11.8	44.4 to	45.2
11.9 to	12.7	45.3 to	46.1
12.8 to	13.6	46.2 to	47.0
13.7 to	14.5	47.1 to	48.0
14.6 to	15.4	48.1 to	48.9
15.5 to	16.3	49.0 to	49.8
16.4 to	17.2	49.9 to	50.7
17.3 to	18.1	50.8 to	51.6
18.2 to	19.0	51.7 to	52.5
19.1 to	19.9	52.6 to	53.4
20.0 to	20.8	53.5 to	54.0
20.9 to	21.7		
21.8 to	22.6		
22.7 to	23.5		
23.6 to	24.4		
24.5 to	25.4		
25.5 to	26.3		
26.4 to	27.2		
27.3 to	28.1		

## INSTRUCTIONS

Find the range containing your Playing Handicap&trade; in the left column.

Play with the Playing Handicap&trade; in the right column which correspond with that range.

Please make sure the tees you are playing correspond with the tees this table applies to.

Note: These Playing Handicap&trade; have been calculated using a 100% handicap allowance.

# PLAYING HANDICAP&TRADE; TABLE 100%

WORLD HANDICAP SYSTEM

R&A USGA *prings Golf Club*



Sandford Springs-Lakes Parks Course  
Men's Yellow (from 1 Apr 2024)

Course Rating 69.3

Par 69 Slope 121

Handicap Index&reg;	Playing Handicap&trade;	Handicap Index&reg;	Playing Handicap&trade;
+5.0 to	+4.5	28.3 to	29.1
+4.4 to	+3.6	29.2 to	30.0
+3.5 to	+2.7	30.1 to	31.0
+2.6 to	+1.7	31.1 to	31.9
+1.6 to	+0.8	32.0 to	32.8
+0.7 to	0.1	32.9 to	33.8
0.2 to	1.1	33.9 to	34.7
1.2 to	2.0	34.8 to	35.6
2.1 to	2.9	35.7 to	36.6
3.0 to	3.9	36.7 to	37.5
4.0 to	4.8	37.6 to	38.4
4.9 to	5.7	38.5 to	39.4
5.8 to	6.7	39.5 to	40.3
6.8 to	7.6	40.4 to	41.2
7.7 to	8.5	41.3 to	42.2
8.6 to	9.5	42.3 to	43.1
9.6 to	10.4	43.2 to	44.0
10.5 to	11.3	44.1 to	45.0
11.4 to	12.3	45.1 to	45.9
12.4 to	13.2	46.0 to	46.8
13.3 to	14.1	46.9 to	47.8
14.2 to	15.1	47.9 to	48.7
15.2 to	16.0	48.8 to	49.6
16.1 to	16.9	49.7 to	50.6
17.0 to	17.9	50.7 to	51.5
18.0 to	18.8	51.6 to	52.4
18.9 to	19.7	52.5 to	53.4
19.8 to	20.7	53.5 to	54.0
20.8 to	21.6		
21.7 to	22.5		
22.6 to	23.5		
23.6 to	24.4		
24.5 to	25.4		
25.5 to	26.3		
26.4 to	27.2		
27.3 to	28.2		

## INSTRUCTIONS

Find the range containing your Playing Handicap&trade; in the left column.  
 Play with the Playing Handicap&trade; in the right column which correspond with that range.  
 Please make sure the tees you are playing correspond with the tees this table applies to.  
 Note: These Playing Handicap&trade; have been calculated using a 100% handicap allowance.

# PLAYING HANDICAP&TRADE; TABLE 100%

WORLD HANDICAP SYSTEM

RAA USGA prings Golf Club



Sandford Springs-Lakes Parks Course  
**Women's Red (from 1 Apr 2024)**

Course Rating 72.0

Par 70 Slope 129

Handicap Index&reg;	Playing Handicap&trade;	Handicap Index&reg;	Playing Handicap&trade;
+5.0 to +4.9	+4	27.6 to 28.4	34
+4.8 to +4.0	+3	28.5 to 29.3	35
+3.9 to +3.1	+2	29.4 to 30.2	36
+3.0 to +2.2	+1	30.3 to 31.0	37
+2.1 to +1.4	0	31.1 to 31.9	38
+1.3 to +0.5	1	32.0 to 32.8	39
+0.4 to 0.4	2	32.9 to 33.7	40
0.5 to 1.3	3	33.8 to 34.6	41
1.4 to 2.1	4	34.7 to 35.4	42
2.2 to 3.0	5	35.5 to 36.3	43
3.1 to 3.9	6	36.4 to 37.2	44
4.0 to 4.8	7	37.3 to 38.1	45
4.9 to 5.6	8	38.2 to 38.9	46
5.7 to 6.5	9	39.0 to 39.8	47
6.6 to 7.4	10	39.9 to 40.7	48
7.5 to 8.3	11	40.8 to 41.6	49
8.4 to 9.1	12	41.7 to 42.4	50
9.2 to 10.0	13	42.5 to 43.3	51
10.1 to 10.9	14	43.4 to 44.2	52
11.0 to 11.8	15	44.3 to 45.1	53
11.9 to 12.7	16	45.2 to 45.9	54
12.8 to 13.5	17	46.0 to 46.8	55
13.6 to 14.4	18	46.9 to 47.7	56
14.5 to 15.3	19	47.8 to 48.6	57
15.4 to 16.2	20	48.7 to 49.4	58
16.3 to 17.0	21	49.5 to 50.3	59
17.1 to 17.9	22	50.4 to 51.2	60
18.0 to 18.8	23	51.3 to 52.1	61
18.9 to 19.7	24	52.2 to 52.9	62
19.8 to 20.5	25	53.0 to 53.8	63
20.6 to 21.4	26	53.9 to 54.0	64
21.5 to 22.3	27		
22.4 to 23.2	28		
23.3 to 24.0	29		
24.1 to 24.9	30		
25.0 to 25.8	31		
25.9 to 26.7	32		
26.8 to 27.5	33		

## INSTRUCTIONS

Find the range containing your Playing Handicap&trade; in the left column.  
 Play with the Playing Handicap&trade; in the right column which correspond with that range.  
 Please make sure the tees you are playing correspond with the tees this table applies to.  
 Note: These Playing Handicap&trade; have been calculated using a 100% handicap allowance.

# PLAYING HANDICAP&TRADE; TABLE 100%

WORLD HANDICAP SYSTEM

RAA USGA *prings Golf Club*



Sandford Springs-Parks Woods Course  
**Women's Red (from 1 Apr 2024)**

Course Rating 72.5

Par 71 Slope 133

Handicap Index&reg;	Playing Handicap&trade;	Handicap Index&reg;	Playing Handicap&trade;
+5.0 to +4.3	+4	27.2 to 28.0	34
+4.2 to +3.4	+3	28.1 to 28.8	35
+3.3 to +2.6	+2	28.9 to 29.7	36
+2.5 to +1.7	+1	29.8 to 30.5	37
+1.6 to +0.9	0	30.6 to 31.4	38
+0.8 to +0.1	1	31.5 to 32.2	39
0.0 to 0.8	2	32.3 to 33.1	40
0.9 to 1.6	3	33.2 to 33.9	41
1.7 to 2.5	4	34.0 to 34.8	42
2.6 to 3.3	5	34.9 to 35.6	43
3.4 to 4.2	6	35.7 to 36.5	44
4.3 to 5.0	7	36.6 to 37.3	45
5.1 to 5.9	8	37.4 to 38.2	46
6.0 to 6.7	9	38.3 to 39.0	47
6.8 to 7.6	10	39.1 to 39.9	48
7.7 to 8.4	11	40.0 to 40.7	49
8.5 to 9.3	12	40.8 to 41.6	50
9.4 to 10.1	13	41.7 to 42.4	51
10.2 to 11.0	14	42.5 to 43.3	52
11.1 to 11.8	15	43.4 to 44.1	53
11.9 to 12.7	16	44.2 to 45.0	54
12.8 to 13.5	17	45.1 to 45.8	55
13.6 to 14.4	18	45.9 to 46.7	56
14.5 to 15.2	19	46.8 to 47.5	57
15.3 to 16.1	20	47.6 to 48.4	58
16.2 to 16.9	21	48.5 to 49.2	59
17.0 to 17.8	22	49.3 to 50.1	60
17.9 to 18.6	23	50.2 to 50.9	61
18.7 to 19.5	24	51.0 to 51.8	62
19.6 to 20.3	25	51.9 to 52.6	63
20.4 to 21.2	26	52.7 to 53.5	64
21.3 to 22.0	27	53.6 to 54.0	65
22.1 to 22.9	28		
23.0 to 23.7	29		
23.8 to 24.6	30		
24.7 to 25.4	31		
25.5 to 26.3	32		
26.4 to 27.1	33		

## INSTRUCTIONS

Find the range containing your Playing Handicap&trade; in the left column.  
 Play with the Playing Handicap&trade; in the right column which correspond with that range.  
 Please make sure the tees you are playing correspond with the tees this table applies to.  
 Note: These Playing Handicap&trade; have been calculated using a 100% handicap allowance.

# PLAYING HANDICAP&TRADE; TABLE 100%

WORLD HANDICAP SYSTEM

R&A USGA *prings Golf Club*

Sandford Springs-Parks Woods Course

**Men's White (from 1 Apr 2024)**



Course Rating 70.3

Handicap Index&reg;	Playing Handicap&trade;	Handicap Index&reg;	Playing Handicap&trade;	Par 70	Slope 122
+5.0 to	+4.5	28.0 to	+5	28.8	31
+4.4 to	+3.6	28.9 to	+4	29.8	32
+3.5 to	+2.6	29.9 to	+3	30.7	33
+2.5 to	+1.7	30.8 to	+2	31.6	34
+1.6 to	+0.8	31.7 to	+1	32.6	35
+0.7 to	0.1	32.7 to	0	33.5	36
0.2 to	1.1	33.6 to	1	34.4	37
1.2 to	2.0	34.5 to	2	35.3	38
2.1 to	2.9	35.4 to	3	36.3	39
3.0 to	3.8	36.4 to	4	37.2	40
3.9 to	4.8	37.3 to	5	38.1	41
4.9 to	5.7	38.2 to	6	39.0	42
5.8 to	6.6	39.1 to	7	40.0	43
6.7 to	7.5	40.1 to	8	40.9	44
7.6 to	8.5	41.0 to	9	41.8	45
8.6 to	9.4	41.9 to	10	42.7	46
9.5 to	10.3	42.8 to	11	43.7	47
10.4 to	11.2	43.8 to	12	44.6	48
11.3 to	12.2	44.7 to	13	45.5	49
12.3 to	13.1	45.6 to	14	46.4	50
13.2 to	14.0	46.5 to	15	47.4	51
14.1 to	15.0	47.5 to	16	48.3	52
15.1 to	15.9	48.4 to	17	49.2	53
16.0 to	16.8	49.3 to	18	50.2	54
16.9 to	17.7	50.3 to	19	51.1	55
17.8 to	18.7	51.2 to	20	52.0	56
18.8 to	19.6	52.1 to	21	52.9	57
19.7 to	20.5	53.0 to	22	53.9	58
20.6 to	21.4	54.0 to	23	54.0	59
21.5 to	22.4		24		
22.5 to	23.3		25		
23.4 to	24.2		26		
24.3 to	25.1		27		
25.2 to	26.1		28		
26.2 to	27.0		29		
27.1 to	27.9		30		

## INSTRUCTIONS

Find the range containing your Playing Handicap&trade; in the left column.

Play with the Playing Handicap&trade; in the right column which correspond with that range.

Please make sure the tees you are playing correspond with the tees this table applies to.

Note: These Playing Handicap&trade; have been calculated using a 100% handicap allowance.

# PLAYING HANDICAP&TRADE; TABLE 100%

WORLD HANDICAP SYSTEM

R&A USGA *prings Golf Club*



Sandford Springs-Parks Woods Course  
Men's Yellow (from 1 Apr 2024)

Course Rating 69.4

Par 70 Slope 119

Handicap Index&reg;	Playing Handicap&trade;	Handicap Index&reg;	Playing Handicap&trade;
+5.0 to	+4.7	27.7 to	28.5
+4.6 to	+3.8	28.6 to	29.5
+3.7 to	+2.8	29.6 to	30.4
+2.7 to	+1.9	30.5 to	31.4
+1.8 to	+0.9	31.5 to	32.3
+0.8 to	0.0	32.4 to	33.3
0.1 to	1.0	33.4 to	34.2
1.1 to	1.9	34.3 to	35.2
2.0 to	2.9	35.3 to	36.1
3.0 to	3.8	36.2 to	37.1
3.9 to	4.8	37.2 to	38.0
4.9 to	5.7	38.1 to	39.0
5.8 to	6.7	39.1 to	39.9
6.8 to	7.6	40.0 to	40.9
7.7 to	8.6	41.0 to	41.8
8.7 to	9.5	41.9 to	42.8
9.6 to	10.5	42.9 to	43.7
10.6 to	11.4	43.8 to	44.7
11.5 to	12.4	44.8 to	45.6
12.5 to	13.3	45.7 to	46.6
13.4 to	14.3	46.7 to	47.5
14.4 to	15.2	47.6 to	48.5
15.3 to	16.2	48.6 to	49.4
16.3 to	17.1	49.5 to	50.4
17.2 to	18.1	50.5 to	51.3
18.2 to	19.0	51.4 to	52.3
19.1 to	20.0	52.4 to	53.2
20.1 to	20.9	53.3 to	54.0
21.0 to	21.9		
22.0 to	22.8		
22.9 to	23.8		
23.9 to	24.7		
24.8 to	25.7		
25.8 to	26.6		
26.7 to	27.6		

## INSTRUCTIONS

Find the range containing your Playing Handicap&trade; in the left column.  
 Play with the Playing Handicap&trade; in the right column which correspond with that range.  
 Please make sure the tees you are playing correspond with the tees this table applies to.  
 Note: These Playing Handicap&trade; have been calculated using a 100% handicap allowance.

# PLAYING HANDICAP&TRADE; TABLE 100%

WORLD HANDICAP SYSTEM

REA USGA *prings Golf Club*

Sandford Springs-Woods Lakes Course

**Men's White (from 1 Apr 2024)**



Course Rating 71.1

Par 71 Slope 131

Handicap Index&reg;	Playing Handicap&trade;	Handicap Index&reg;	Playing Handicap&trade;
+5.0 to +4.9	+6	27.1 to 27.9	32
+4.8 to +4.0	+5	28.0 to 28.8	33
+3.9 to +3.2	+4	28.9 to 29.6	34
+3.1 to +2.3	+3	29.7 to 30.5	35
+2.2 to +1.4	+2	30.6 to 31.3	36
+1.3 to +0.6	+1	31.4 to 32.2	37
+0.5 to 0.3	0	32.3 to 33.1	38
0.4 to 1.2	1	33.2 to 33.9	39
1.3 to 2.0	2	34.0 to 34.8	40
2.1 to 2.9	3	34.9 to 35.7	41
3.0 to 3.7	4	35.8 to 36.5	42
3.8 to 4.6	5	36.6 to 37.4	43
4.7 to 5.5	6	37.5 to 38.2	44
5.6 to 6.3	7	38.3 to 39.1	45
6.4 to 7.2	8	39.2 to 40.0	46
7.3 to 8.1	9	40.1 to 40.8	47
8.2 to 8.9	10	40.9 to 41.7	48
9.0 to 9.8	11	41.8 to 42.6	49
9.9 to 10.6	12	42.7 to 43.4	50
10.7 to 11.5	13	43.5 to 44.3	51
11.6 to 12.4	14	44.4 to 45.1	52
12.5 to 13.2	15	45.2 to 46.0	53
13.3 to 14.1	16	46.1 to 46.9	54
14.2 to 15.0	17	47.0 to 47.7	55
15.1 to 15.8	18	47.8 to 48.6	56
15.9 to 16.7	19	48.7 to 49.5	57
16.8 to 17.5	20	49.6 to 50.3	58
17.6 to 18.4	21	50.4 to 51.2	59
18.5 to 19.3	22	51.3 to 52.1	60
19.4 to 20.1	23	52.2 to 52.9	61
20.2 to 21.0	24	53.0 to 53.8	62
21.1 to 21.9	25	53.9 to 54.0	63
22.0 to 22.7	26		
22.8 to 23.6	27		
23.7 to 24.4	28		
24.5 to 25.3	29		
25.4 to 26.2	30		
26.3 to 27.0	31		

## INSTRUCTIONS

Find the range containing your Playing Handicap&trade; in the left column.

Play with the Playing Handicap&trade; in the right column which correspond with that range.

Please make sure the tees you are playing correspond with the tees this table applies to.

Note: These Playing Handicap&trade; have been calculated using a 100% handicap allowance.



# PLAYING HANDICAP&TRADE; TABLE 100%

WORLD HANDICAP SYSTEM

R&A USGA *prings Golf Club*



Sandford Springs-Woods Lakes Course  
Men's Yellow (from 1 Apr 2024)

Course Rating 69.9

Par 71 Slope 128

Handicap Index&reg;	Playing Handicap&trade;	Handicap Index&reg;	Playing Handicap&trade;
+5.0 to +4.8	+7	27.9 to 28.7	31
+4.7 to +3.9	+6	28.8 to 29.6	32
+3.8 to +3.1	+5	29.7 to 30.5	33
+3.0 to +2.2	+4	30.6 to 31.4	34
+2.1 to +1.3	+3	31.5 to 32.3	35
+1.2 to +0.4	+2	32.4 to 33.1	36
+0.3 to 0.5	+1	33.2 to 34.0	37
0.6 to 1.4	0	34.1 to 34.9	38
1.5 to 2.2	1	35.0 to 35.8	39
2.3 to 3.1	2	35.9 to 36.7	40
3.2 to 4.0	3	36.8 to 37.6	41
4.1 to 4.9	4	37.7 to 38.4	42
5.0 to 5.8	5	38.5 to 39.3	43
5.9 to 6.7	6	39.4 to 40.2	44
6.8 to 7.5	7	40.3 to 41.1	45
7.6 to 8.4	8	41.2 to 42.0	46
8.5 to 9.3	9	42.1 to 42.9	47
9.4 to 10.2	10	43.0 to 43.7	48
10.3 to 11.1	11	43.8 to 44.6	49
11.2 to 12.0	12	44.7 to 45.5	50
12.1 to 12.8	13	45.6 to 46.4	51
12.9 to 13.7	14	46.5 to 47.3	52
13.8 to 14.6	15	47.4 to 48.2	53
14.7 to 15.5	16	48.3 to 49.0	54
15.6 to 16.4	17	49.1 to 49.9	55
16.5 to 17.3	18	50.0 to 50.8	56
17.4 to 18.1	19	50.9 to 51.7	57
18.2 to 19.0	20	51.8 to 52.6	58
19.1 to 19.9	21	52.7 to 53.4	59
20.0 to 20.8	22	53.5 to 54.0	60
20.9 to 21.7	23		
21.8 to 22.5	24		
22.6 to 23.4	25		
23.5 to 24.3	26		
24.4 to 25.2	27		
25.3 to 26.1	28		
26.2 to 27.0	29		
27.1 to 27.8	30		

## INSTRUCTIONS

Find the range containing your Playing Handicap&trade; in the left column.  
 Play with the Playing Handicap&trade; in the right column which correspond with that range.  
 Please make sure the tees you are playing correspond with the tees this table applies to.  
 Note: These Playing Handicap&trade; have been calculated using a 100% handicap allowance.